



MUSTANG NEWS



St. Mary's High School
555 – 15th Street East, Owen Sound, Ontario N4K 1X2
Phone: (519)376-4278 Fax: (519)376-0793

E-Mail: smhs@bgcdsb.org

OCTOBER 2011

- * Principal: Mr. G. Miller
- * Vice-Principal: Mr. A. Van Wieringen
- * Superintendent: Mr. G. Casey
- * Secretaries: Ms. D. Brown, Mrs. M.J Bastien, Mrs. K. MacArthur
- * Director of Education: Mr. B. MacPherson
- * Trustee: Mr. N. Bethune
- * School Council Chairs: J. Armstrong, L. Newell

PRINCIPAL'S MESSAGE

Thanksgiving: A Time to Reflect

The Thanksgiving season is a time that encourages reflection and compassion, when families and friends are brought together by the communal rituals of cooking and eating to share

Companionship, take stock of all that they have to be thankful for, and to remember the millions of people around the world who do not have enough to eat on a daily basis. As you buy and prepare food for the Thanksgiving holiday reflect on where your local food came from– the farmers that grew it and the Labourers who picked, processed and packaged it. Did they earn a living wage? Does their work promote human dignity or does it cause stress and insecurity? Eating is a moral act. The decisions you make about how you feed your family, where you buy it and how it was produced can have a profound effect on the farmers, communities, animals and ecosystems from which it came. (from Chaplain's Newsletter, Volume 8, Thanksgiving 2010)

Happy Thanksgiving from all of us at St. Mary's High School

CHAPLAINCY LEADER'S MESSAGE

As October approaches we are called as Christians to be reminded that September, a transition month brings us closer to yet another winter season. As the cooler weather draws near we need to be aware of change all around us and within ourselves. Our global crisis no doubt, causes turmoil throughout the world and impacts us. In nature we witness change most evidently in the colors and falling of the leaves. People prepare their homes with stacked firewood, cottages are closed down and we retreat into our homes. How do we enter within ourselves to prepare for change within our hearts? Jesus calls us to listen to his Gospel message of earthly transition and the permanence of his eternal Kingdom. Change can stir us into all directions, but Jesus promises us, that a life followed in his path will be one of peace. Is that not what we all are seeking? Peace of heart, mind and soul. Jesus is our answer, "Peace I leave with you; my peace I give to you. I do not give as the world gives. Do not let your hearts be troubled and do not let them be afraid" (John 14:27). May the peace of Christ be with all of you this Thanksgiving season.

Pray unceasingly, ask and you shall receive, cast out all fears and worries to Jesus and may you find the peace which passes all understanding. Happy Thanksgiving.

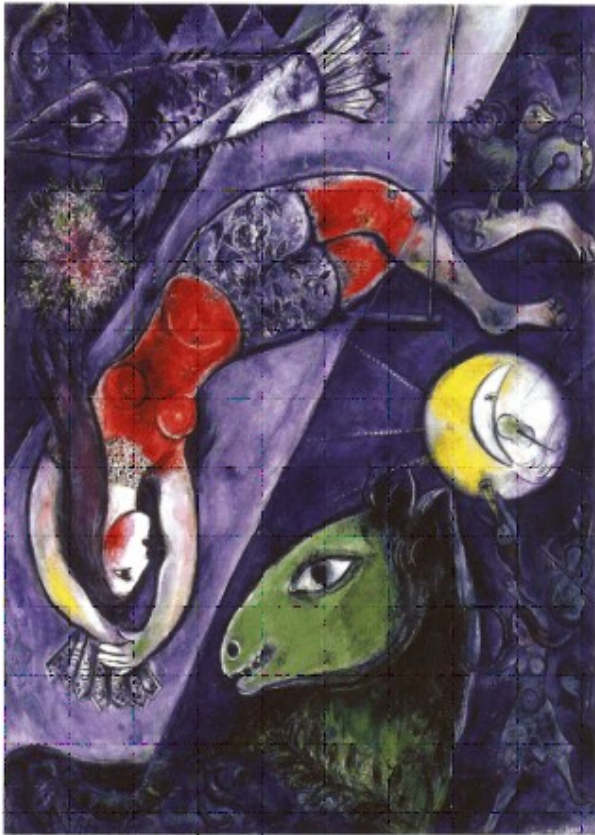
Ms L. Foch, Chaplaincy Leader

Important Dates to Remember...

- October 10.....Thanksgiving Day
- October 11.....Student Achievement Celebration
- October 19.....Photo Retake Day
- October 19.....Early Dismissal
- October 28.....PA Day

CHAGALL AND THE RUSSIAN AVANT-GARDE

Masterpieces from the Collection of the Centre Pompidou, Paris
 October 18, 2011 – January 15, 2012



Marc Chagall (Blue Circus (Le cirque bleu)), 1950-52. Oil on canvas, 232.5 x 175.8 cm. Collection of the MNAM, Centre Pompidou, Paris. © Adagp/Centre Pompidou/Mnam-CG | Dist. RMN ©Estate of Marc Chagall / SODRAC (2011)

Be a part of history! Explore this landmark exhibition of the 20th century's most diverse Russian artists, showcasing more than 30 works by Marc Chagall. Dozens of paintings, sculptures, works on paper and photographs by Wassily Kandinsky, Natalia Goncharova and Kasimir Malevich, to name a few, offer a rare glimpse into the extraordinary work of the Russian avant-garde. The AGO is the only Canadian destination for this must-see exhibition. Don't miss out.

Visual Arts Field Trip

Where: AGO, Art Gallery of Ontario, Toronto

What: Chagall and the Russian Avant-Garde: Masterpieces from the Collection of the Centre Pompidou + 5 Floors of Permanent Collection

When: Friday November 25th - 9:00AM - 7:00PM

Cost: \$40.00 (Admission + Bus Transportation) No Refunds

Chagall and the Russian Avant-Garde: Masterpieces from the Collection of the Centre comprises of 118 works from a broad array of media, including painting, sculpture, works on paper, photography, and film.

All students participating in this Visual Arts Field Trip should make prior arrangements to be picked after return to the school. We will not return to the school until at least 7:00PM that night. Students should also bring extra funds for lunch and dinner.

Early Dismissal Days

October 19, 2011
 November 30, 2011
 March 28, 2012
 May 9, 2012



PA Days

October 28, 2011
 November 18, 2011
 February 3, 2012
 June 8, 2012

Junior Girl's Basketball Team & Junior/Senior Game Schedule

Following is a list of the Junior Girl's Basketball Team as well as a game schedule for Junior and Senior Girls Basketball. Please come out and support St. Mary's athletes!

Junior Girls Basketball Team 2011

Coaches:

Miss MacLeod
 Mr. Jones

Players:

Hannah Cassidy
 Beth Dreise
 Taylor Cruickshank
 Selina Kazarian
 Jordan Lumley
 Katie Langdon
 Rylee Martin
 Renee Myette
 Margaret Skinner
 Kaitlin Smith
 Jamie Struthers
 Nicole Sutton
 Allison VanSlighten-horst

Schedule For Juniors and Senior Girls Basketball

(home team in brackets – games start at 4 pm with seniors playing first unless arranged)

changes need to be approved by both coaches and the convenor

Tuesday Oct 4	WHSS VS (SMHS)
Thursday Oct 6	SMHS VS(GHSS)
Tuesday Oct 11	OSCVI VS (SMHS)
Thursday Oct 13	SMHS VS (WHSS)
Tuesday Oct 18	SMHS VS (GBSS)
Thursday Oct 20	SMHS VS (OSCVI)
Tuesday Oct 25	GHSS VS (SMHS)
Thursday Oct 27	SMHS VS (PSDS)
Tuesday Nov 1	PSDS VS (SMHS)
Thursday Nov 3	Play off - fourth vs first
	Play off - third vs second
Thursday Nov 10	BAA CHAMPIONSHIPS IN THE NORTH
	WINNERS FROM Nov 3 ADVANCE
	GAME 1: #1 IN NORTH VS #2 IN SOUTH
	GAME 2: #2 IN NORTH VS #1 IN SOUTH
	GAME 3: CHAMPIONSHIP

CWOSSA DATES: AA - OUR LADY OF LOURDES/GUELPH
 NOV 16

OFSAA DATES: NOV. 24 - 26
 A - ST CATHERINES
 AA - BROCKVILLE
 AAA - KINGSTON

MISSION STATEMENT

St. Mary's High School is a Christian community which promotes excellence and strength in individuals spirituality, intellectually, socially and physically, caring and growing with one another in partnership with families, parish and the community.

STUDENT ACHIEVEMENT CELEBRATION

St. Mary's High School is proud to present our first ever Student Achievement Celebration. This celebration will take place on Tuesday, October 11, 2011. This special celebration will begin at 6:30 pm with our school band and a slide show. Invitations have been sent in the mail and should be arriving soon. The following will take place:

AGENDA

6:30 pm School band performance & slide show

7:00 pm Oh Canada led by the band

Prayer

Opening remarks

Conferring of Awards including the Hillyer awards, doctor endowment awards , honour roll awards, Canada Wide Science Fair awards,

Ontario Skills Competition awards, Chemistry/Math contest winners

Following the conferring of awards, refreshments will be served. Mark your calendars for this very special event

STUDENT HANDBOOK

All students have received a Student Handbook. All students and parents are encouraged to familiarize themselves with its contents. If you did not receive a Handbook, please pick one up in the main office.

COMMUNITY SERVICE HOURS

All students are required to complete 40 hours of volunteer community involvement prior to graduation. The forms to record these hours and the list of eligible activities are available in the main office. Students are encouraged to hand in these sheets to the main office as they complete their hours. Don't wait until your last year to complete this requirement. Check out the following site for a list of various groups looking for volunteers.

<http://www.ymcaowensound.on.ca/employment.cfm>. Opportunities are also posted on the bulletin board outside of Guidance.

LOCKERS

Each student has been given a copy of the school's handbook. Included in this is information about lockers. It is important that students realize that the lockers are the property of the school and as such can be searched as required.

INTERNET USE

All students are reminded that they, in order to comply with board policy, must have a signed acceptable internet use form submitted to the office before they are permitted to use the school's computer system. Contravention of this acceptable use policy can lead to consequences up to and including suspension.

ALTERNATE BUSING

In keeping with board policy regarding alternate busing, students are reminded that they are not able to ride a bus different than the one to which they are assigned for reasons such as going to their job, visiting a friend, dental appointment etc. Permission to ride a different bus is only given by the board in the case of different places of residence of parent/guardians. If alternate busing arrangements are needed for such a reason, an application form available from the school (or downloaded from the board web site) must be completed and returned to the board office for approval.

RECREATIONAL FUNDING AVAILABLE

Need help with funding for Recreational Programs, school electives, class trips to the Outdoor Education Center, Grade 7 or 8 trips? The Grey NCB Program may be able to help you:

- Available for families living in Grey County
- Maximum subsidy currently available is \$200 per child per year
- Total family income under \$35000 per year
- Children 18 years of age and under (residing with parent)
- Refunds can be processed with a paid receipt

For more information or an application form contact the Grey NCB Office at (519)371-8627 or pick up an application at the Family Y in Owen Sound.

Check us out on the web at <http://smhs.bgcdsb.org>

CAFETERIA SERVICES

Our school cafeteria is open daily. The cafeteria is being managed by Chartwell’s School Dining Services. They are committed to a Balanced Choice Menu at affordable prices.

PARTICIPATE IN THE FUTURE OF CATHOLIC EDUCATION

When you designate your tax support for Catholic schools, you are ensuring a right that Ontarians have enjoyed for over 160 years.

EVERY TIME YOU MOVE

Please remember that your tax support does not automatically follow you if you relocate. Each and everytime you move, it is essential that you re-declare yourself as a Catholic school supporter. Please verify your support by checking your property tax bill.

BECOME A SUPPORTER

Whether you are a land/home owner or a tenant, if you wish to support Catholic schools, please contact your local school or the Catholic Education Centre for help in securing and completing the necessary forms.

FOR MORE INFORMATION

To become a Catholic school ratepayer call Paula Fahrer at the Catholic Education Centre, (519) 364– 5820 extension 239. For more information visit our website at www.bgcdsb.org

VIDEO SURVEILLANCE

In order to ensure a safe learning environment, the use of video surveillance is in effect at St. Mary’s High School and on many of it’s school buses. The video images are collected under the authority of the Education Act S. 170 and will be used to reduce/prevent property vandalism, theft and violence and to ensure the safety of students.



Check us out on the web at <http://smhs.bgcdsb.org>



WHO NEEDS A LUNCH?

A Lunch Program is being offered daily at St. Mary's High School.



We are in need of food donations such as:

- canned tuna & salmon
- canned tomatoes & paste
- canned kidney beans
- low-fat mayonnaise

Food items may be dropped off in the box by the Main Office marked: Lunch Program

Thank you for your support!

FREE ONLINE MATH HOMEWORK HELP

Back to school means the return of math homework. If you are a parent worried about how to support your child's math homework questions, don't worry! An exciting FREE online initiative designed to help students succeed is now available.

The Ministry of Education and the Independent Learning Centre has recently launched Homework Help a website for Bruce-Grey Catholic District School Board math students in grades 7 through 10.

Students simply log-on to Homework Help at www.homeworkhelp.ilc.org and use an interactive chat room to obtain personalized tutoring from a certified Ontario math teacher. The entire session is recorded and stored in the students online locker to allow the student to review what they have learned.

This service is anonymous and the students are unable to chat to each other, making it a safe online environment.

Chats will take place Sunday to Thursday between the hours of 5:30 – 9:30 p.m.

Students will need their Ontario Education Number (OEN) and date of birth to register. Mr. Walter, the eLearning Contact for the BGCDSB, will be visiting every grade 7-10 student's classroom to give them their OEN and help them register. The OEN is also found on the student's report card, if you would like to register your child before this visit.

Parents are encouraged to visit the site and log on as a guest to see how the service works.

Visit <http://homeworkhelp.ilc.org> or go to the school's website and click on the quick link at the bottom left called Online Math Help or contact Mike Walter at mike_walter@bgcdsb.org to learn more.



WORLD TEACHERS' DAY October 5, 2011

Ask most adults to name the people who have had the greatest impact on their lives and many will say their teachers. Without question, a dedicated and innovative teacher can make a tremendous difference in a child's education, a child's life, and ultimately, the future of our society.

October 5 is World Teachers' Day - a time for each of us to remember the teachers who made a difference in our lives. The Bruce-Grey Catholic District School Board would like to acknowledge and thank all of our teachers for their dedication and professionalism.

The Board also wishes to recognize our support staff who play an essential role in the education of students. These people make a difference through their involvement in before and after school activities, special events, and day-to-day responsibilities that keep schools operational.

"Let Your Light Shine"



Bruce-Grey Catholic District School Board

A PRAYER OF THANKSGIVING

Dear Jesus,
thank you for all the blessings
and the treasures you have
showered upon us.

Thank you for family, friends,
knowledge, wisdom, and all your
angels and saints who guide us in
our journey of building up your
kingdom.

We ask you, Lord Jesus,
to bless our gifts,
bless our lives,
and bless this day.

Amen

- from 500 prayers by Filomena & Peter Tassi



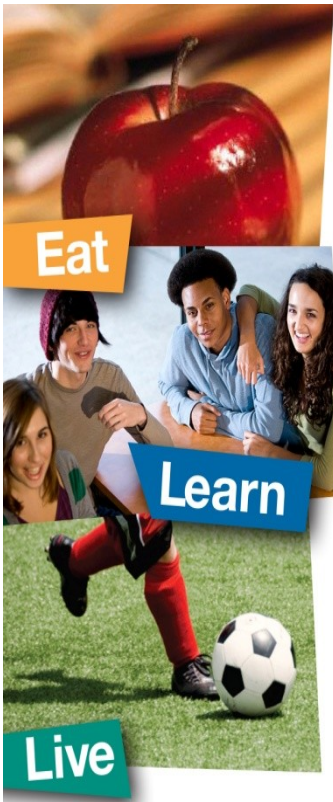
Happy Thanksgiving!



MISSION STATEMENT

St. Mary's High School is a Christian community which promotes excellence and strength in individuals spirituality, intellectually, socially and physically, caring and growing with one another in partnership with families, parish and the community.

Chartwells Committed to Ontario Food and Beverage Policy



School is where students spend much of their time and they need nutritious food to grow and be active. Selling nutritious food and beverages is our way of enhancing the school environment.

Chartwells (a division of Compass Group Canada) is proud to be the primary food-service provider at our school. They look forward to students coming into the cafe and sampling the great new menu for the fall! Student feedback has played a huge role in helping Chartwells create a menu that includes fresh, healthy and innovative options that taste great. Items like pizza made with turkey pepperoni, customized sandwich wraps, noodle bowls and healthy snacks to go. Authentic and flavourful sauces and dips will be featured in many of the recipes. Students say they like diverse flavours - Asian, Italian, Greek, Tex Mex and Middle Eastern and these options will dominate the new menu.

All menus and meals will come with an additional ingredient – value! Meal combos provide a full meal at a great price. Check out the cafeteria this fall and see for yourself how committed Chartwells is to offering food options that taste great. This year we have given our students something extra to be excited about as they head back to school...Chartwells first ever **GIVE US A TRY** promotion!

Featuring daily **FREE** samples, great savings, coupons and discounts...it lets students, faculty and staff taste our most popular menu items and try some of our most exciting new ones!

Principal's Introduction to Chartwells Cafeteria Program for 2011

September 2011 marks the start of the Ontario government's first food and beverage policy for schools. Chartwells and your cafeteria team have been busy throughout the past year putting together a fabulous, NEW menu focusing on great spicy flavours, sauces and dips that you asked for! Try their selection of authentic sauces to top your Italian pasta, Asian bowls, Caribbean chicken and flatbread deli sandwiches. Chartwells signature twisted crust pizza *is to die for*. Lots of interesting toppings will make it your favourite.

It's all about retail-style foods offered at great prices. Made to order and easy to eat bowls and Deli specials- always include a large beverage and side dish- all for \$4.99. And don't forget the popular \$5.00 combos!

To encourage all of you to visit your school cafe today, Chartwells has launched a Promotion called "Give Us a Try". It features daily FREE SAMPLES of their freshly prepared food...all at great savings! And did you hear about the great new fries? Yes, fries but a healthier choice and they taste amazing! Come in for your free food sample this week.

So support your cafe and come and 'Give Us a Try'! What more can you ask for? FREE SAMPLES, freshly prepared great tasting food and the best value in town