



MUSTANG NEWS



St. Mary's High School
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October 2010

PRINCIPAL'S MESSAGE

- * Principal: Mr. G. Miller
- * Vice-Principal: Mr. A. Van Wieringen
- * Superintendent: Mr. G. Casey
- * Secretaries: Mrs. L. Myatt, Mrs. S. Duggan, Ms. D. Brown
- * Director of Education: Mr. B. MacPherson
- * Trustee: Mr. N. Bethune
- * School Council Chairs: J. Armstrong,

Thanksgiving: A Time to Reflect

The Thanksgiving season is a time that encourages reflection and compassion, when families and friends are brought together by the communal rituals of cooking and eating to share

Companionship, take stock of all that they have to be thankful for, and to remember the millions of people around the world who do not have enough to eat on a daily basis. As you buy and prepare food for the Thanksgiving holiday reflect on where your local food came from– the farmers that grew it and the Labourers who picked, processed and packaged it. Did they earn a living wage? Does their work promote human dignity or does it cause stress and insecurity? Eating is a moral act. The decisions you make about how you feed your family, where you buy it and how it was produced can have a profound effect on the farmers, communities, animals and ecosystems from which it came. (from Chaplain's Newsletter, Volume 8, Thanksgiving 2010)

Happy Thanksgiving from all of us at St. Mary's High School

CHAPLAIN'S MESSAGE

As fall approaches, the changing colours of the leaves remind us that change *is* inevitable. We are therefore, not to cling too tightly to anything. For it will change and our tight clinging can prevent changes that are necessary for new growth and new life. We are called to cling to God in thanksgiving for all the blessings He has bestowed in our lives.

As such, the Gospel on Sunday September 26th speaks of Jesus' parable of the rich man and Lazarus. This Scriptural text from Luke is rich in meaning, as it relates the paradoxical earthly lives of the rich man and Lazarus. Two themes are highlighted: firstly, how both lives determined each of their lives hereafter, and secondly, one is never to ignore the needs of our neighbor as pronounced by Jesus when asked what the greatest commandment is. St. Francis eloquently wrote: "Always preach the Gospel and occasionally use words". Our actions speak of who we are intrinsically. Our actions determine the love we not only have for ourselves, but for our neighbor, God and the world. During Thanksgiving while we dine sumptuously as the rich man, let us be called to remember the hungry, poor and marginalized. Please donate generously to St. Mary's food drive. Thank you. A blessed Thanksgiving season to all.

Ms L. Foch, Chaplaincy Leader

Updated Information

It is important that the school have accurate and current information for all students. We need accurate addresses, phone numbers, and medical information. Please return the personal information sheet distributed in home-room to the main office as soon as possible (even if there are no changes). Also if this information changes at any point during the school year, please contact the office with the changes.

PEANUT SENSITIVE SCHOOL

St. Mary's High School is a peanut sensitive school. Peanut allergies are potentially life threatening. As a result, absolutely no peanut products are permitted in our school.

Thanks in advance for your co-operation.



LOCKERS

Each student has been given a copy of the school's handbook. Included in this is information about lockers.

It is important that students realize that the lockers are the property of the school and as such can be searched as required.

Grey Bruce Twirlers - Final registration is on Tuesday, October 5, 2010 at Sullivan Community School in Desboro from 6:30 – 8:00pm. Family discounts and payment arrangements available. We are a non-profit youth recreational Dance and Twirl group for children aged 3 - 18. Practices are held on Tuesday evenings at Sullivan school. Registration fees include the use of summer and winter uniforms. For further information, please contact either Cindy Stevenson-Fair at 519-371-5068 or Laurie Hargest at 519-376-1534.



Hogar del Niño is an orphanage in El Salvador that houses 140 people with mental and physical disabilities located 45 minutes northwest of the capital, San Salvador. This year St. Mary's students will be attending its second mission excursion during March 12-25th 2011. Our energetic group will be hosting a series of community fundraisers. Our first event will be held on Wednesday October 20th, 2010 at Boston Pizza in Owen Sound. Between 3:30 and 8 pm, Boston Pizza will donate a portion of all food and beverage sales to the El Salvador excursion. Please bring family and friends in support of the orphanage. You can visit the following webpage for more information about the orphanage: <http://www.fhp.org.sv/>. If you have any questions, please contact Ms Foch at the school, extension 3012 for further details, or if you are available to help in any-way. Your assistance is greatly appreciated!

Parent-Teacher Interviews

Parent-Teacher Interviews will be held on Tuesday, October 19th from 4:00-5:30 and 6:30 - 8:00 in the gymnasium. Please mark this date on your calendar as this interviews will be held much earlier than previous years. The purpose behind the move is to establish earlier communication with parents which will lead to improved student achievement and credit accumulation at St. Mary's High School

Parent Council News

Our first parent council meeting will take place on Tuesday, October 5th beginning at 7:00 pm in the school library. This first meeting will involve the election of council members for the year. Research shows that parental involvement is a key factor in student achievement so consider joining the team.

Special Visual Arts and World Religion Field Trip

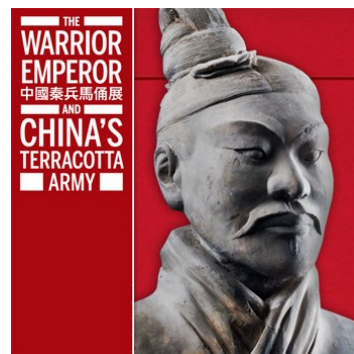
The Warrior Emperor & The Terra Cotta Army Exhibition

at the Royal Ontario Museum, Toronto

Friday, November 26th, 2010 - 9:00AM to 6:45PM

COST: \$36.00 - (\$12.00 Admission + \$24.00 Transportation)

All Visual Arts and World Religion students interested in participating on this field trip to see the Special The Warrior Emperor & The Terra Cotta Army Exhibition as well as the entire Royal Ontario Museum (5 floors) should see See Mr. Arnett or Mrs. Hannusch for a Permission Form. (Limited Seating Available - first come first serve basis)



All students participating on this field trip must make prior arrangements to be picked up at the school that evening at approx. 6:45PM. (No late taxi's will be available) Students should also bring extra funds for gift shop as well as lunch/dinner as we will be stopping on the way back.



MISSION STATEMENT

St. Mary's High School is a Christian community which promotes excellence and strength in individuals spirituality, intellectually, socially and physically, caring and growing with one another in partnership with families, parish and the community.

St. Mary's 1st Annual Hallowe'en Hustle

St. Mary's 1st Annual Hallowe'en Hustle will be held on Friday, October 29th when 25 students will be competing in a road race. Mrs. Fitzsimmons' Grade 12 Phys. Ed. class has planned and organized this event during the first two months of the semester as a component of their course and Mrs. Solinger's Grade 11 Phys. Ed. class has been training to compete in the event as part of the ISU for their course. However, other interested athletes in the school are able to sign up for the race for a small fee. Participants will run either a 7km course or a 10 km course, both of which will be on the east hill, near SMHS. There will be prizes for top male and top female, as well as best costume! Anyone interested in coming out to cheer for this event can come to the starting area (just beside St. Mary's church) to watch the event kick off at 10:30. The race will be over at 12:00, with an awards ceremony to immediately follow.



Thank You

The Physical Education department would like to thank all of their students for their participation in the recent Aussie X cricket clinics here at St. Mary's. Students spent 3 days learning the basics of the sport with 2 Australian instructors, and had a lot of fun learning about Australian culture at the same time. "Watsy" and "Cappa", our guest instructors, also hosted an after school cricket match on Tuesday for staff and students. We were very fortunate to receive some funding for this excellent opportunity from both SAC and the OFSSA Try-Day program.

WHO NEEDS A LUNCH?



A Lunch Program is being offered daily at St. Mary's High School.

We are in need of food donations such as:

- canned tuna & salmon
- canned tomatoes & paste
- canned kidney beans
- low-fat mayonnaise

Food items may be dropped off in the box by the Main Office marked: Lunch Program

Thank you for your support!



Happy Thanksgiving!

Free Online Math Homework Help !NOW OPEN!

Back to school means the return of math homework. If you are a parent worried about how to support your child's math homework questions, don't worry! An exciting FREE online initiative designed to help students succeed is now available.

The Ministry of Education and the Independent Learning Centre has recently launched Homework Help a website for Bruce-Grey Catholic District School Board math students in grades 7 through 10.

Students simply log-on to Homework Help at www.homeworkhelp.ilc.org and use an interactive chat room to obtain personalized tutoring from a certified Ontario math teacher. The entire session is recorded and stored in the students online locker to allow the student to review what they have learned.

This service is anonymous and the students are unable to chat to each other, making it a safe online environment.

Chats will take place Sunday to Thursday between the hours of 5:30 – 9:30 p.m.

Students will need their Ontario Education Number (OEN) and date of birth to register. Mr. Walter, the eLearning Contact for the BGCDSB, will be visiting every grade 7-10 student's classroom to give them their OEN and help them register. The OEN is also found on the student's report card, if you would like to register your child before this visit.

Parents are encouraged to visit the site, when it opens, and log on as a guest to see how the service works.

Visit <http://homeworkhelp.ilc.org> or go to the school's website and click on the quick link at the bottom left called Online Math Help or contact Mike Walter at mike_walter@bgcdsb.org to learn more.

YMCA EMPLOYMENT SERVICES

Need help finding a job?

Ms Tia Clark, the Family YMCA Community and Employment Services representative is in the school every Wednesday morning to assist you in your job search and with preparing a resume. Please sign up

Ceramic Club 2010-2011

All students interested in learning how to throw clay and make ceramic pieces should join the ceramic club this year.

Students interested should speak to Mr. Arnett in the new Art room at noon - to discuss ordering materials for this coming year. The cost for clay and at least 2 glazes is \$40.00 per student. Use of pottery wheel, all tools and firing of your pieces is free.

Members who payed last year but did not use up their clay, may also attend and book time on the wheels for the coming year.

thanks

Mr. Arnett



WORLD TEACHERS' DAY October 5, 2010

Ask most adults to name the people who have had the greatest impact on their lives and many will say their teachers. Without question, a dedicated and innovative teacher can make a tremendous difference in a child's education, a child's life, and ultimately, the future of our society.

October 5 is World Teachers' Day - a time for each of us to remember the teachers who made a difference in our lives. The Bruce-Grey Catholic District School Board would like to acknowledge and thank all of our teachers for their dedication and professionalism.

The Board also wishes to recognize our support staff who play an essential role in the education of students. These people make a difference through their involvement in before and after school activities, special events, and day-to-day responsibilities that keep schools operational.

"Let Your Light Shine"



Bruce-Grey Catholic District School Board

A PRAYER OF THANKSGIVING

Dear Jesus,
thank you for all the blessings
and the treasures you have
showered upon us.

Thank you for family, friends,
knowledge, wisdom, and all your
angels and saints who guide us in
our journey of building up your
kingdom.

We ask you, Lord Jesus,
to bless our gifts,
bless our lives,
and bless this day.

Amen

- from 500 prayers by Filomena & Peter Tassi

Check us out on the web at <http://www.smhs.net>