During the Middle Ages religion was often in a state of unrest and change as well. As a result of the ongoing waves of invasions from different groups trying to gain power, the Christian religion was preserved primarily in monasteries where monks continued to practice the teachings of Jesus Christ.

They consisted of a series of buildings such as a church and living residence where the monks could live and pray and they were often well-protected structures throughout Europe. Christianity was preserved by the monks as they faithfully reproduced the Bible as Illuminated Manuscripts.